

Research on Ion Channels in Dorsal Root Ganglion Neurons

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Abstract

Dorsal Root Ganglion (DRG) neurons serve as crucial nodes for pain signal transmission, and their excitability regulation plays a key role in various physiological and pathological processes. Ion channels, as central components in modulating DRG neuron function, are involved in biological processes such as pain conduction, neural signal integration, and plasticity. This paper systematically analyzes the structural characteristics, functional mechanisms, and roles of different types of ion channels in DRG neurons, including sodium channels, potassium channels, calcium channels, and other related channels, particularly in pathological conditions. In light of current research trends, the paper also explores the potential of ion channels as drug targets and in technological applications, while suggesting future research directions. The aim is to provide theoretical support for the diagnosis and treatment of diseases related to DRG neurons.

Keywords: Dorsal Root Ganglion, ion channels, sodium channels, potassium channels, calcium channels

1. Introduction

The Dorsal Root Ganglion (DRG) is a crucial hub between the peripheral nervous system and the central nervous system. It is primarily composed of sensory neurons, which are responsible for transmitting mechanical, thermal, and chemical stimuli from the periphery. As the origin of pain and other sensory signals, the excitability regulation of DRG neurons plays an important role in both the normal physiological functions and pathological states of the nervous system. In DRG neurons, ion channels are key molecular components that regulate excitability and signal transmission, directly influencing the generation of action potentials, neurotransmitter release, and the efficiency of neural signal propagation. In recent years, with the advancement of electrophysiology, molecular biology, and high-throughput sequencing technologies, significant progress has been made in the study of the structure, function, and regulatory mechanisms of ion channels. Research has revealed that different types of ion channels, such as sodium channels (Nav), potassium channels (Kv), and calcium channels (Cav), exhibit specific distribution and functional characteristics in DRG neurons. Their abnormal expression or dysfunction is closely associated with various diseases, including chronic pain and neuropathic pain. Additionally, the specificity of ion channels makes them important targets for the development of analgesic drugs, offering new directions for the treatment of related diseases. However, the regulatory mechanisms of ion channels and their roles in complex pathological states remain unclear and require further investigation[1].

2. Types of Ion Channels in Dorsal Root Ganglion Neurons

Dorsal root ganglion (DRG) neurons contain a wide variety of ion channels, which play crucial roles in regulating neuronal excitability, generating action potentials, and transmitting pain signals. The major types of ion channels

include sodium (Na^+) channels, potassium (K^+) channels, calcium (Ca^{2+}) channels, and other channel types. Each type has distinct distributions and functions in DRG neurons, and their coordinated activity collectively determines the electrophysiological properties and adaptive responses of these neurons. Sodium ion channels play a central role in the function of DRG neurons, primarily responsible for the rising phase of action potentials. In DRG neurons, sodium channels of the Nav1.7, Nav1.8, and Nav1.9 subtypes are involved in the transmission of pain signals. Nav1.7 is considered the most important pain-related channel, and abnormal expression or functional alterations of Nav1.7 are implicated in conditions such as chronic pain and hereditary pain syndromes, leading to hypersensitivity to pain. Nav1.8 and Nav1.9 are particularly active under low-threshold stimuli and participate in the detection and response to weak external stimuli[2]. Dysfunction of these channels is also associated with various types of neuropathic pain. Potassium ion channels are primarily responsible for the repolarization phase of the action potential and the hyperpolarization of DRG neurons. Among the various potassium channel subtypes, Kv1 and Kv4 families play essential roles in regulating neuronal excitability, particularly in controlling the frequency of responses and preventing excessive excitation. By regulating the flow of potassium ions, these channels help restore the resting membrane potential and maintain normal signal conduction in neurons. Dysfunction of potassium channels can lead to persistent neuronal overactivation or inhibition, contributing to pathological phenomena such as chronic pain or hyperalgesia following nerve injury. Calcium ion channels are another crucial class of channels in DRG neurons. Channels such as Cav1 and Cav2 families regulate the excitability of neurons by controlling calcium ion flow, which impacts presynaptic signal transmission and neurotransmitter release. Calcium channels play an indispensable role in the transmission of pain signals, particularly in both acute and chronic pain pathways. Abnormal activity of calcium ion channels is closely linked to the development and progression of neuropathic pain and chronic pain conditions[3]. Other types of ion channels, including transient receptor potential (TRP) channels and chloride (Cl^-) channels, also contribute to the functions of DRG neurons. TRP channels, in particular, have gained recognition for their role in pain perception. They are capable of detecting environmental signals such as temperature and chemical stimuli, playing a part in pain responses triggered by inflammation. In summary, the diverse ion channels in DRG neurons work in concert to regulate neuronal excitability, signal transmission, and neuroplasticity. These channels are vital for normal physiological processes and their dysfunction is strongly associated with various neurological diseases, particularly pain-related disorders. Therefore, understanding the functions and mechanisms of these ion channels is critical for elucidating the role of DRG neurons in pain regulation and for developing potential therapeutic approaches for pain management[4].

3. Functional Regulation of Ion Channels in Dorsal Root Ganglion Neurons

3.1 Role in Pain Signal Transmission

Ion channels in dorsal root ganglion (DRG) neurons play a pivotal role in the fundamental electrophysiological activities of these neurons, especially in the process of pain signal transmission. These ion channels not only facilitate the generation and propagation of action potentials but also regulate the processing of pain signals, which ultimately determines the intensity and duration of pain perception. Under normal physiological conditions, ion channels ensure the accurate transmission of pain signals to the central nervous system. However, in pathological conditions, dysfunction of these ion channels can lead to abnormal amplification or persistence of pain, contributing to chronic pain and other neurological disorders. Sodium channels, particularly the Nav1.7, Nav1.8, and Nav1.9 subtypes, are essential for pain signal transmission. Activation of Nav1.7 is a critical step in the pain conduction process, playing a dominant role in the initial transmission of peripheral pain signals. Research has shown that mutations in Nav1.7 can cause hypersensitive pain responses, leading to chronic pain and hereditary pain syndromes. In addition, Nav1.8 and Nav1.9 are primarily involved in pain signaling triggered by low-threshold stimuli. These channels play an important role in the perception of temperature, mechanical, and chemical stimuli. Overactivation or abnormal expression of these channels is typically associated with neuropathic pain, diabetic neuropathy, post-herpetic neuralgia, and other pain-related conditions. Potassium channels also play a critical role in the functional regulation of DRG neurons. Kv channels modulate neuronal excitability and influence the recovery and hyperpolarization phases of the action potential. In pain signal transmission, Kv channels regulate the response threshold of neurons to stimuli, thus affecting pain perception. For instance, Kv1 channels are involved in the rapid recovery of the action potential, while Kv4 channels influence the postsynaptic potential, thereby affecting pain signal transmission. Dysfunction of Kv channels can lead to excessive neuronal excitability, which further amplifies pain transmission and exacerbates pain responses. Calcium ion channels, particularly high-voltage-activated calcium channels such as Cav2.2, play a key role in pain regulation in DRG neurons. Cav2.2 channels are not only involved in generating action potentials but also play a critical role in the release of neurotransmitters[5]. During pain signal transmission, the release of neurotransmitters is finely regulated

by Cav2.2, and overactivation of this channel often results in excessive neurotransmitter release, leading to persistent pain and abnormal amplification of pain signals. Studies have shown that inhibiting Cav2.2 can effectively alleviate various forms of chronic pain, making Cav2.2 an attractive target for the development of novel analgesic drugs. In summary, the precise regulation of ion channels in DRG neurons is crucial for the proper conduction of pain signals. Different types of ion channels work in coordination to maintain neuronal excitability and the efficiency of signal transmission. Understanding the mechanisms by which these ion channels contribute to pain conduction helps uncover the pathogenesis of chronic pain and other neuropathic disorders. This knowledge also provides a theoretical basis for the development of novel analgesic therapies[6].

3.2 Neural Signal Transmission and Plasticity

Ion channels in dorsal root ganglion (DRG) neurons not only play a crucial role in pain signal transmission but also serve key functions in neural signal transmission and neuroplasticity. Neural signal transmission refers to the communication between neurons through the propagation of action potentials and the release of neurotransmitters. DRG neurons, through the regulation of ion channels, ensure the efficient transmission of neural signals between the peripheral nervous system and the central nervous system. Neuroplasticity, on the other hand, is the ability of the nervous system to self-regulate in response to external stimuli, forming the basis for processes like learning, memory, and long-term changes in pain perception. Sodium channels, particularly Nav1.7, Nav1.8, and Nav1.9, are crucial in the process of neural signal transmission. These channels regulate the generation and propagation of action potentials, ensuring the rapid transfer of information between neurons. In terms of adaptive plasticity, alterations in the function of these sodium channels can lead to changes in neuronal responses. For example, prolonged pain stimuli can result in excessive activation or sustained expression of Nav channels, which enhances pain responses, a phenomenon known as "hyperalgesia." This in turn leads to long-term changes in neuronal excitability, resulting in persistent pain experiences. Potassium channels also play an important role in neural signal transmission, especially during the recovery and hyperpolarization phases of the action potential. These channels not only assist in the repolarization of neurons but also influence their resting membrane potential, affecting their responsiveness to subsequent stimuli. As neural activity increases, the regulation of potassium channels can induce long-term changes in neuronal function, a process referred to as neuroplasticity. Research suggests that changes in potassium channel expression may underlie the neuroplastic changes observed in some chronic pain conditions. For instance, after chronic inflammation or nerve injury, changes in potassium channel expression in the DRG may impact the efficiency and plasticity of neural signal transmission. Calcium channels are similarly crucial in neural signal transmission. These channels not only regulate neurotransmitter release in presynaptic cells but also contribute to the internal signaling within neurons. The influx of calcium ions triggers a series of signal transduction cascades, including the activation of protein kinases and changes in gene expression, which are closely linked to neuroplasticity. For example, in chronic pain states, the overactivation of calcium channels can enhance pain signal transmission and promote neuroplastic changes, effectively creating a "pain memory." Overall, ion channels in DRG neurons play a dual role in both neural signal transmission and neuroplasticity. They not only ensure the normal transmission of neural signals but also contribute to the long-term memory of pain and neuroadaptive changes in pathological states. Understanding how these ion channels function in signal transmission and neuroplasticity can provide valuable insights for developing new therapeutic strategies, especially for interventions targeting chronic pain and other neurological disorders[7].

4. Current Research Hotspots and Challenges

4.1 Drug Target Development

With the increasing understanding of the functions and mechanisms of ion channels in dorsal root ganglion (DRG) neurons, these channels have become critical drug targets for treating a range of neurological disorders, particularly chronic and neuropathic pain. Ion channels play key roles in neuronal excitability, signal transmission, and neuroplasticity, making them prime targets for drug development, particularly in the field of pain management. Sodium channels, particularly the Nav1.7, Nav1.8, and Nav1.9 subtypes, play pivotal roles in the perception and regulation of pain. Among them, Nav1.7 is considered the core channel in the pain pathway, and its expression in the peripheral nervous system is closely associated with several chronic pain conditions. Consequently, Nav1.7 has become one of the major targets for drug development. Researchers have developed various Nav1.7-specific inhibitors that selectively block the channel's activity, effectively reducing pain transmission with minimal effects on other ion channels, thus reducing side effects. However, the clinical efficacy and safety of these drugs still require further validation. Potassium and calcium channels are also important directions for drug target development. Potassium ion channels influence neuronal excitability by regulating repolarization and hyperpolarization states, so drugs that selectively activate or inhibit specific potassium channels hold potential for regulating neural signal transmission. In cases of chronic pain and neuronal hyperexcitability,

drugs targeting specific potassium channels could have significant clinical applications. Calcium channels, particularly high-voltage-activated calcium channels (Cav), play a vital role in neurotransmitter release and neural signal integration. By modulating Cav channel function, it is possible to affect the release of neurotransmitters from presynaptic neurons and thereby alter inter-neuronal signal transmission. Despite the significant potential of ion channels as drug targets, several challenges remain. First, the diversity and complexity of ion channels make it difficult to develop drugs with high specificity and minimal side effects. Ion channels typically have multiple subtypes and exhibit different expression patterns across tissues and cell types, requiring a deep understanding of molecular mechanisms to develop drugs that target specific subtypes. Second, ion channel function is regulated not only by ion concentrations and membrane potential but also by various signaling pathways and molecular interactions, complicating the drug target screening and validation process. Furthermore, long-term use of ion channel-targeted drugs may lead to drug tolerance or accumulated side effects, making personalized treatment and detailed safety assessments essential. Thus, while ion channels hold great promise as drug targets, further basic research and clinical trials are needed to address these challenges and ensure the clinical potential of new drugs [8].

4.2 Advances in Technological Approaches

With continuous advancements in biomedical technologies, researchers now have more precise tools to study the functions of ion channels in DRG neurons and their roles in pain transmission and neuroplasticity. The development of various technologies, including electrophysiological techniques, molecular biology techniques, and imaging technologies, has significantly advanced ion channel research, particularly in high-throughput screening, drug development, and disease model construction. Single-channel current recording and whole-cell electrophysiology are fundamental techniques for studying ion channel function. These methods allow researchers to measure the electrical characteristics of individual ion channels and their responses to various stimuli in real-time, helping to elucidate the roles of different ion channels in neural signal transmission. Whole-cell electrophysiology provides information about the overall electrophysiological response of neurons, allowing scientists to analyze how various ion channels coordinate their actions at the level of individual neurons. Particularly, voltage-clamp techniques, which control the membrane voltage, provide powerful support for studying the mechanisms of ion channels and the effects of drugs. With the maturation of gene-editing technologies such as CRISPR/Cas9, researchers can now precisely knockout or knock-in specific ion channel genes in DRG neurons to study their functions. Gene editing techniques enable scientists to investigate how the dysfunction of individual ion channels affects neuronal excitability and to model the mechanisms of pain and other neurological diseases using animal models. RNA interference (RNAi) technologies are also widely used to suppress the expression of specific ion channels, helping to study their roles in diseases and providing a foundation for potential drug target development. Recent advances in *in vivo* imaging and optogenetics have further enhanced our understanding of the regulatory mechanisms of ion channels in DRG neurons. Optogenetics allows for the precise control of specific neuron activity through light, providing a new perspective on the role of neurons in pain and neural signal transmission. Researchers can genetically modify neurons to make specific ion channels responsive to light, enabling the precise manipulation of neuronal activity *in vivo* and revealing dynamic changes in ion channel regulation during neuroplasticity and pathological processes [9]. Additionally, *in vivo* imaging technologies, such as multiphoton microscopy, allow researchers to observe the electrophysiological behavior of neurons in complex physiological environments in real-time, aiding in the evaluation of ion channel drug effects. With the advancement of high-throughput screening (HTS), scientists can rapidly screen thousands of compounds to identify potential drugs that specifically regulate ion channels. These drugs may not only serve as new pain relievers but could also be used for treating neurodegenerative diseases and other related conditions. When combined with computational simulations, molecular docking, and bioinformatics analysis, HTS significantly improves the efficiency and accuracy of drug discovery. Additionally, technologies such as mass spectrometry and liquid chromatography-mass spectrometry (LC-MS) offer strong support for the precise screening of ion channel drugs and preclinical drug validation. These technological advancements not only enhance our understanding of the role of ion channels in DRG neurons but also provide new ideas and methods for the development of targeted drugs. However, despite the significant breakthroughs, translating these technologies into effective, safe clinical applications remains a major challenge.

5. Future Research Directions

Although significant progress has been made in the study of ion channels in dorsal root ganglion (DRG) neurons, understanding their specific mechanisms in complex pathological states, clinical applications, and novel drug development remains insufficient. Future research will need to further deepen in several key directions. First, the relationship between ion channels and neuropathic diseases requires more systematic and in-depth exploration. Chronic pain, neuropathic pain, and other related diseases are often closely linked to ion channel dysfunction,

where abnormal expression or dysregulated regulation of these channels may lead to excessive pain signal transmission or persistent activation. To better understand the role of ion channels in neurological diseases, future studies should focus on how these channels function in pathological states, explore their potential as biomarkers, and offer new avenues for targeted therapies. By integrating genomics, transcriptomics, and proteomics, researchers can comprehensively analyze the changes in ion channels under pathological conditions, providing a clearer scientific basis for precision treatment and personalized medicine. Second, drug development targeting ion channels still faces many challenges. Although some inhibitors or activators targeting specific ion channels have entered clinical trials, issues regarding drug selectivity, efficacy, and side-effect control persist. Therefore, future research should focus on developing ion channel modulators with high selectivity and low side effects. By using computational biology, structural biology, and high-throughput screening technologies, researchers can optimize drug design at the molecular level, improving the affinity of drugs for their targets while reducing interference with non-target channels or physiological processes[10]. This would enhance the clinical potential of these drugs. In addition, the role of ion channels in neuroplasticity is another area worth further investigation. Neuroplasticity is the nervous system's adaptive response to external stimuli and internal environmental changes, playing a crucial role in learning, memory, and the long-term alteration of pain. Future research can explore how ion channels shape neuronal network functions by regulating neuronal excitability, synaptic transmission, and signal integration. In particular, under the context of chronic pain, changes in neuroplasticity may lead to persistent pain experiences. Therefore, studying the role of ion channels in neuroplasticity can not only help understand the mechanisms of chronic pain but also offer new ideas for developing pain-relieving drugs. In summary, future research should focus on multiple aspects: the relationship between ion channels and neuropathic diseases, the precise development of drug targets, and the regulation of neuroplasticity. By advancing our comprehensive understanding of ion channels, breakthroughs can be made in the treatment of neurological disorders, particularly chronic pain.

6. Conclusion

Ion channels in dorsal root ganglion neurons play a vital role in both normal and pathological functions of the nervous system. By regulating neuronal excitability and signal transmission, they directly influence pain perception and neuroplasticity. Sodium, potassium, and calcium ion channels are core components of pain transmission and exhibit significant functional changes in various neurological diseases, such as chronic pain and neuropathic pain. Therefore, ion channels are not only essential in basic research but also serve as potential targets for developing new pain-relief medications. Despite significant progress in understanding the complex roles of ion channels in neuronal signal transmission and plasticity, the specific mechanisms of these channels in various pathological states remain to be further explored. Moreover, the development of ion channel-targeted drugs still faces challenges in terms of selectivity, efficacy, and side effects. Future research should focus on advancing gene editing technologies, high-throughput screening platforms, and molecular modeling to develop more selective and effective ion channel-targeted drugs. This will also provide new theoretical foundations for understanding neurological diseases. In conclusion, ion channels in DRG neurons are not only of critical importance in neurophysiological research but also open up new therapeutic prospects for treating chronic pain, neuropathic pain, and other related diseases. As research continues to deepen, we are optimistic that ion channel-targeted therapies will offer more effective solutions for the precise treatment of neurological disorders.

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