

# Research on the Implementation Path for the Digital Transformation of Enterprise Human Resource Management Based on Project Management Theory

Niannian Li<sup>1</sup>

<sup>1</sup> School of Economics and Management, Guangxi Normal University, China

Correspondence: Niannian Li, School of Economics and Management, Guangxi Normal University, Guilin, China.  
E-mail: [linian0609@163.com](mailto:linian0609@163.com)

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## Abstract

Driven by the information technology revolution, digital transformation has emerged as the core driving force for corporate strategic upgrading, exerting a profound impact on enterprise operational models and human resource management (HRM) methodologies. As a critical component in the integration of digital and physical realms within enterprises, the level of technological innovation in the digitalization of human resource management directly determines the success and effectiveness of a company's broader digital transformation endeavors. However, as enterprises strive to advance this transformation, they encounter a multitude of challenges spanning technology, organizational culture, data utilization, and various other aspects. Based on project management theory, this paper conducts a systematic analysis of the necessity for enterprises to drive forward the digital transformation of human resource management. Furthermore, it constructs a transformation pathway encompassing four key dimensions: a people-centered digital management philosophy, project planning and intelligent risk management and control, digital team building and resource optimization, as well as a digital monitoring and performance evaluation system. The research aims to offer theoretical underpinning and practical guidance to enterprises seeking to establish an agile and efficient human resource management system amidst the tide of digitalization.

**Keywords:** project management, Human Resource Management, digital transformation

## 1. Introduction

In the era of the digital economy, the digitalization of Human Resource Management (HRM) not only enhances work efficiency but also fosters organizational innovation and the realization of strategic objectives. As the micro-level components of the macroeconomy, enterprises serve as key market entities and vital forces driving economic and social development, bearing significant responsibilities for promoting the growth and transformation of the macro digital economy. However, the digital transformation of enterprise HRM encounters numerous challenges, such as difficulties in technological integration, employee resistance, data security, and privacy protection. Therefore, defining a clear path for digital transformation is crucial to ensuring its success.

Project management is a systematic approach employed to plan, manage, organize, and control all aspects of a project to achieve specific project objectives. This methodology commences at the project planning stage and encompasses the entire project lifecycle, including initiation, execution, monitoring, and closure. Project management emphasizes ensuring that projects are completed within predetermined timeframes, budgets, and quality requirements while meeting the expectations of project stakeholders. In project management, planning is a critical step that involves defining project objectives, scope, timelines, and resource requirements. Firstly, the planning phase entails risk assessment to mitigate the impact of adverse events during project execution. Secondly, project management also involves the effective management and organization of the project team, including defining roles and responsibilities, coordinating team members' efforts, and addressing project-related issues and challenges. During the project execution phase, project management encompasses the processes of monitoring project progress and costs, ensuring that the project proceeds as planned within the specified timeframe, and allowing for timely corrective actions to address potential issues. Project management also includes project closure, which involves accepting project deliverables, organizing project documentation, and summarizing project lessons

learned. The goal of this phase is to ensure the project's flawless completion and provide valuable insights for future projects. By effectively applying project management principles, enterprises can better manage and optimize human resource projects to achieve organizational strategic objectives.

## **2. Digital Economy and Human Resource Management Transformation**

### *2.1 Characteristics and Trends of the Digital Economy*

The digital economy refers to a series of economic activities that take data resources as key production factors, modern information networks as important carriers, and the effective use of information and communication technologies as significant driving forces for enhancing efficiency and optimizing economic structure. The digital economy possesses the following characteristics.

Firstly, it exhibits stronger economies of scale. Metcalfe's Law states that the value of a network is positively correlated with the number of its users. The more nodes there are on a digital economy network, the greater the total amount of resources generated, and the more pronounced the "value-added" effect of economies of scale becomes. Therefore, economies of scale in the digital economy era are achieved by expanding the scale of network users to increase average profits and maximize returns. When the number of users increases to a certain extent, a positive feedback effect occurs, leading to a very low or even negligible cost of acquiring new users. Sadowski's research found that the value of a network depends on the number of users it connects, while the value of connecting to a network depends on the number of users already connected to that network.

Secondly, it demonstrates stronger economies of scope. In the context of the digital economy, the realization of economies of scope is based on the scale of user numbers. After accumulating a large user base through their main businesses, enterprises can diversify their operations at low cost. The rapid development of digital technologies has broken through the constraints of time and space, significantly reducing transaction costs in economic activities and enabling larger-scale cross-regional transactions. The growth of the digital economy has accelerated the integration among industries, with business activities from different sectors interpenetrating each other, resulting in greater vitality for both the digital and traditional economies.

Thirdly, the digital economy exhibits a long-tail effect. The economies of scale and scope in the digital economy significantly reduce the costs for enterprises to increase product variety and output, enabling them to cost-effectively meet more niche and marginalized consumer demands. With the help of digital communication technologies and online platforms, consumers can conveniently and quickly purchase the products and services they need, leading to a substantial increase in total social consumption. Furthermore, the diverse demands of consumers expand the boundaries of the product market, providing broader opportunities for innovation and development among small and medium-sized enterprises.

### *2.2 A Comparison between Traditional and Modern Perspectives on Human Resource Management*

#### *2.2.1 The Evolutionary Process of Human Resource Management*

From the perspective of the evolutionary process of human resource management (HRM), it has mainly undergone four stages.

The first stage is the traditional personnel management phase. During this period, HRM primarily focused on administrative tasks such as managing employees' basic information, salaries, and attendance. The functions of the HRM department included daily attendance management, verifying wages and social security, among others. Currently, the HRM practices of most small and medium-sized private enterprises in China are at this stage.

The second stage is the human resource management phase. As enterprises expanded in scale and faced intensified market competition, HRM gradually gained attention from companies. Specialized divisions emerged within HRM, emphasizing an employee-centric approach. It covered aspects such as recruitment, placement, training, performance evaluation, and compensation, spanning the entire process of "selection, development, and retention" of employees within the enterprise.

The third stage is strategic human resource management. This phase underscores the macro-strategic functions of HRM and its contribution to achieving corporate strategic objectives. It focuses on building core elements such as talent, corporate culture, and leadership within the organization, shifting from a focus on "how to do it" to "who, why, and how," that is, "for whom, why, and how to do it." The HRM department is required to participate in the formulation and implementation of corporate strategies to ensure alignment between HRM and corporate objectives.

The fourth stage is the digital human resource management phase. With the continuous development of digital technologies, HRM is gradually transitioning towards digitalization. This stage emphasizes the use of digital

technologies to collect, analyze, and utilize human resource data to enhance management efficiency and service quality.

### 2.2.2 Technological Upgrading in Human Resource Management

As the stages of human resource management (HRM) evolve, the technologies and tools employed also undergo continuous iteration and upgrading. During the traditional personnel management phase, HRM departments primarily relied on spreadsheets for daily attendance tracking, payroll preparation, and other tasks, merely storing and performing simple calculations on human resource-related data.

In the human resource management phase, owing to the scale and specialization of management, HRM departments began to adopt information technology solutions, such as OA systems and daily attendance systems, among other HRM systems. This transition from offline to online management significantly enhanced the efficiency of HRM.

During the strategic human resource management phase, information technology was comprehensively utilized. Focused on core elements and supporting the implementation of corporate strategies, comprehensive information systems were developed and implemented, covering the entire lifecycle from recruitment and onboarding to daily management.

In the digital human resource management phase, information technology began to transform into digital and intelligent solutions. Enterprises leveraged big data and other technologies to analyze the scale, structure, and fit of their human resources, delving deeper into the data value inherent in HRM.

## 2.3 Analysis of the Impact of Digital Transformation on Human Resource Management

### 2.3.1 The Application of Artificial Intelligence in Recruitment

In the era of the digital economy, recruitment methods have undergone fundamental changes, with the most notable manifestation being the rise of digital recruitment. Digital recruitment is not merely a simple operation of posting job information online; it also involves the in-depth application of cutting-edge technologies such as artificial intelligence (AI) to comprehensively analyze and process candidate data, thereby optimizing the entire recruitment process and significantly enhancing the match between candidates and positions.

The application of digital technologies is first evident in the process of candidate screening. Through AI algorithms, the system can automatically analyze key information in resumes, such as educational background, work experience, and skill sets, swiftly identifying the most suitable candidates from a large pool for specific job requirements. By leveraging algorithmic techniques, enterprises can rapidly pinpoint qualified candidates from numerous resumes, thereby improving both the efficiency and quality of recruitment. Moreover, AI technology enables human resource professionals to grasp trends in the talent market, understand salary levels for similar positions, and predict enterprise talent needs, thereby making recruitment strategies more forward-looking and targeted.

When discussing the application of AI in recruitment, it is impossible to overlook the role of various online recruitment platforms. In the digital environment, social media, professional talent websites, and online recruitment platforms have gradually become crucial recruitment channels. Through these platforms, enterprises can reach a broader range of talents while providing job seekers with more opportunities to learn about corporate culture and work environments. For instance, platforms like BOSS Zhipin and Maimai allow enterprises not only to post job vacancies but also to showcase their brand and culture, attracting more candidates who align with their corporate values and culture. Furthermore, enterprises can utilize data analysis tools to evaluate the effectiveness of recruitment channels, thereby further optimizing their recruitment strategies.

### 2.3.2 Employee Development and Welfare Strategies Based on New Technologies

Enterprises can leverage big data to analyze employees' performance, accurately identify the needs and potential of each employee, conduct more effective employee performance evaluations and talent development planning, and provide personalized career development advice and training programs during performance feedback sessions to help them achieve long-term career growth. Moreover, enterprises can utilize big data and artificial intelligence technologies to accurately predict employee turnover rates and take timely and effective measures to retain key talents. By analyzing employees' job satisfaction, career development paths, and salary levels in the talent market, enterprises can formulate more effective employee retention strategies, offering personalized career development opportunities and more competitive compensation and benefits packages.

With the advancement of wearable devices and health monitoring technologies, advanced data analytics also plays a significant role in employee welfare and health management. By collecting and analyzing employees' health data,

enterprises can more effectively design and provide personalized health and welfare programs. This data can also be used to identify health risks in the work environment, helping enterprises improve working conditions and prevent occupational diseases.

### 2.3.3 The Application of Virtual Reality Technology in Training

Through online learning platforms, enterprises can provide employees with various forms of training content, such as video courses, interactive tutorials, and real-world scenario simulations, to meet the learning needs of different types of employees.

In the digital age, many enterprises have shifted their strategies by incorporating digital technology elements into employee training, emphasizing immersion and experiential learning. This includes training formats such as technical demonstrations before construction operations, craftsman workshops, daily quizzes, and weekly lessons. Employees can engage in self-study or participate in group discussions. This training model not only aligns with the fast-paced demands of work and life but also customizes learning content based on employees' personal interests and career development needs, ensuring the effectiveness of training and high employee engagement. Digital training also enables enterprises to effectively track and evaluate training outcomes by analyzing employees' performance during training, allowing for timely adjustments to training content and strategies to ensure training effectiveness and continuous employee development.

Furthermore, virtual technology plays a significant role in employee training and development. For instance, experiential training based on virtual reality (VR) and augmented reality (AR) technologies provides employees with simulated work scenarios, enabling them to practice and interact within these environments. Immersive operational training connects all trainees, highlighting the importance of teamwork during training sessions. Compared to traditional classroom training, this form of skills training through practical operations yields more pronounced results. Additionally, utilizing virtual technology to simulate complex or hazardous work conditions allows employees to undergo skills training in a safe and immersive environment.

### 2.3.4 Optimization of Online Self-Service

Firstly, digital tools and platforms are widely employed to streamline and automate routine human resource management tasks, such as employee information recording, payroll and benefits administration, leave requests, and attendance tracking. Secondly, enterprises offer comprehensive online self-service options through intelligent software, enabling functions like online salary inquiries, online leave applications, and employee data updates. This allows employees to manage work-related affairs independently, significantly reducing the administrative workload of the human resources department and enhancing the overall operational efficiency of the enterprise. Additionally, the human resources department can utilize online surveys and feedback mechanisms to collect real-time opinions and suggestions from employees. By analyzing the collected feedback data, they can identify issues affecting employee satisfaction and engagement, as well as areas and processes that require improvement, thereby formulating targeted human resource management strategies.

## 3. The Practical Challenges of Digital Transformation in Enterprise Human Resource Management

### 3.1 Technical Aspects

In the era of big data, data has become a core asset for enterprises, but it also brings challenges related to data security and privacy protection. Amidst the vast amounts of data information, effectively processing and analyzing this data to extract valuable insights is of paramount importance. Furthermore, the diversity and complexity of big data pose issues regarding data quality. Ensuring data accuracy and consistency, while avoiding data ambiguities and errors, are critical concerns that enterprises must address during the digital transformation of human resource management.

Additionally, with the rapid evolution of big data technologies, new technologies and products are constantly emerging. Enterprises need to keep pace with technological advancements by continuously updating and upgrading their technological systems to meet evolving market demands and support business development. This requires enterprises to increase their investment in technology research and development and innovation, as well as cultivate a human resource management team with strong professional technical expertise.

### 3.2 In Terms of Organizational Culture

Traditional enterprises often possess relatively stable organizational structures and cultures, with employees having a strong reliance on conventional work methods and processes. Consequently, many enterprises encounter resistance during periods of change due to their adherence to traditional thinking, stemming not only from people's natural aversion to change but also from deeply ingrained mental models. The strength of traditional thinking lies

in its stability, yet excessive conservatism can lead to an organization losing its capacity for innovation and adaptability to change. Therefore, reshaping the culture necessitates breaking free from mental shackles and fostering an open and innovative mindset. Traditional organizational structures often emphasize hierarchy and division of labor, which significantly restricts information flow and teamwork.

Employees should be the practitioners and inheritors of an enterprise's organizational culture. In traditional enterprise setups, employees' roles and responsibilities tend to be relatively fixed, which, to a certain extent, limits their personal development and career growth. Within a new cultural atmosphere, employees are granted greater autonomy and responsibilities, encouraging them to unleash their potential.

### *3.3 In Terms of Data Usage*

During the process of digital transformation, enterprises are required to handle a vast amount of employee data, which often involves sensitive information such as personal details, work performance, training history, and more. Therefore, the issue of transparency in data usage is of paramount importance. Enterprises need to clearly inform employees about the purposes and methods of data collection, storage, processing, and utilization, ensuring that employees have a clear understanding of how their data is being used.

Meanwhile, enterprises must establish a comprehensive data management system to define the responsible parties and usage permissions for data, thereby preventing data abuse and misuse. Enhancing transparency not only fosters trust between employees and the enterprise but also aids in establishing a robust data governance framework to ensure compliant data usage. Additionally, during digital transformation, enterprises face risks from cyberattacks and data breaches, making it crucial to implement effective security technologies and management measures.

### *3.4 In the Realm of Human Resource Management*

Firstly, traditional enterprise human resource management models often rely on established experience, whereas the application of big data technology necessitates a data-driven mindset. This means that human resource managers need to acquire data analysis skills, enabling them to extract valuable insights from vast amounts of data to support decision-making. However, many enterprise managers and employees have yet to adapt to this transition, lacking the capabilities and awareness for data analysis, which poses a significant challenge to digital transformation.

Secondly, cross-departmental collaboration and communication skills are particularly crucial in the era of digital transformation. In the age of big data, human resource management is no longer an isolated function but requires close cooperation with various departments to jointly unlock the value of data.

Lastly, the need for continuous learning and development is especially urgent in the era of big data. With the continuous advancement of technology, new tools and methods emerge endlessly. To adapt to these changes, enterprise human resource managers need to maintain an open mindset, continuously learn new knowledge, and upgrade their skills. Meanwhile, enterprises should also provide training and development opportunities for employees to stimulate their innovative spirit and learning motivation.

## **4. The Digital Transformation Path of Enterprise Human Resource Management Based on Project Management Theory**

This paper delves deeply into the implementation path for the digital transformation of enterprise human resource management based on project management theory, systematically analyzing the necessity of the transformation and the challenges it faces. The study constructs a transformation framework encompassing four core dimensions: a people-oriented digital management philosophy, project planning and intelligent risk management and control, digital team building and resource optimization, as well as a digital monitoring and performance evaluation system. Through the integration of theory and practice, it validates the pivotal role of project management theory in driving the digital transformation of human resource management. The specific path is outlined as follows.

### *4.1 Adhere to the People-Oriented Concept of Digital Management*

Firstly, enterprises need to establish a digital management system centered around employees, integrating their career trajectories, skill sets, and development needs through employee digital profiling technology. By utilizing intelligent algorithms, personalized growth plans can be generated. For instance, matching industry certification resources for technical personnel and customizing digital marketing toolkits for sales teams to achieve precise empowerment. Secondly, a multi-dimensional digital communication platform should be constructed, integrating real-time feedback systems, anonymous suggestion channels, and AI-powered sentiment analysis functions to ensure that management stays abreast of employee dynamics in real time. It is essential to establish a monthly digital roundtable meeting mechanism to optimize key decisions, such as remote collaboration systems and flexible

benefit plans, based on data-driven insights. Finally, fostering a participatory innovation culture among employees is crucial. This can be achieved by empowering business departments to autonomously design digital solutions through low-code platforms, such as forming agile teams comprising HRBPs and IT personnel to tackle pain points in the attendance system. Implementing an incentive points system can translate innovative contributions into quantifiable career capital.

#### 4.2 Project Planning and Intelligent Risk Management and Control

Firstly, adopt the OKR (Objectives and Key Results) framework to deeply align transformation goals with corporate strategy, and utilize agile methodologies to break down large-scale projects into deliverable modules. For instance, upgrading an E-HR system can be decomposed into independent task packages such as optimizing the recruitment module and developing an intelligent scheduling system. It is essential to establish a three-dimensional resource forecasting model that dynamically allocates developers, testing environments, and cloud service resources based on historical data. Secondly, construct an AI-driven risk early warning system that analyzes historical project data through machine learning to proactively identify potential risks such as data migration failures and system compatibility issues. Complement this with a digital emergency knowledge base that includes standardized response procedures for data rollback and business continuity assurance. Finally, employ digital twin technology to simulate the impact scope of system upgrades and develop multi-tier emergency plans that encompass backup servers and manual operation contingencies.

#### 4.3 Digital Team Building and Resource Optimization

Firstly, build a "Business + Technology + Data" integrated composite team by implementing a job rotation system to cultivate T-shaped talents who understand both HR processes and are proficient in digital tools, incorporating skills such as Python and Power BI into job competency models. It is essential to establish a digital capability certification system, setting up career development paths like Junior Data Analyst and Intelligent System Architect. Secondly, develop an intelligent scheduling engine to automatically calculate project priorities and resource conflicts, and construct a digital cost center to monitor cloud service consumption and software license usage in real time. Finally, leverage knowledge graph technology to make implicit experience explicit, utilize intelligent recommendation systems to match best practice cases, and establish a cross-departmental network of digital transformation ambassadors to train digital promotion specialists within business units.

#### 4.4 Digital Monitoring and Performance Evaluation System

Firstly, construct a panoramic monitoring dashboard that integrates project management systems, user behavior logs, and financial data to display key metrics such as backlog volume, defect rates, and user engagement in real time. Set intelligent alert thresholds to automatically trigger escalation procedures when schedule deviations exceed 5%. Secondly, establish an evaluation model encompassing dimensions like system utilization rate, process efficiency improvement, and employee digital literacy. Employ A/B testing to validate the value of new features, such as comparing labor cost changes before and after implementing intelligent scheduling. Finally, develop a digital transformation ROI calculator to quantitatively demonstrate the payback period and benefits of system investments, generating an annual digital maturity assessment report to provide data-driven support for the next phase of transformation. It is essential to establish a continuous improvement mechanism that translates evaluation results into specific optimization action items.

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